

## GOOD DAY / BAD DAY DIARY

Print this sheet off and simply keep a daily note on whether your dog had a good or a bad day. A good day could entail visual ease of movement, readiness to get up for a walk or a treat, etc. Similarly a bad day could entail the opposite. If your pet appears to be having more bad days than good days then please do get in touch with your vet...

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	Notes			

Arthritis is more commonly seen in senior dogs and the progression of the disease and the clinical signs of discomfort and immobility often influence questions on their quality of life. The signs associated with arthritis also naturally wax and wane which can confuse an owner's judgement of their individual situation.

The Good Day Bad Day Diary is designed to add objectivity into assessing the general quality of your dogs life. This is not a validated method, simply an easy-to-use tool.