



canine arthritis
management

THE CAM ARTHRITIS BIBLE

A STEP-BY-STEP GUIDE TO MANAGING
YOUR DOG'S ARTHRITIS



HOW DO WE PUT WHAT WE KNOW ABOUT CANINE OSTEOARTHRITIS ALL TOGETHER?

Let's start by considering why or how we have arrived here.

- You have recognised there is a problem and are seeking solutions.
- You may have already received a definitive diagnosis of osteoarthritis in your dog.
- Perhaps you are just beginning to recognise changes in your dog's capability and stamina. This has led to concern regarding their overall mobility and consequently you are in the primary stages of undertaking initial research.
- You may be evaluating if you can manage things yourself or whether you should raise your concerns with a veterinary surgeon.

Hopefully, you have already found some of our online resources useful or have viewed other booklets from the series and are now thinking;

How do I put all this together?

This booklet aims to keep it simple and help you find a management plan that is right for you and your dog. We will guide you, step by step, to create a structured plan that you can take the lead on and adjust as required as your dog's capability and care needs change. This approach will ensure you "cover all the bases" every time you adapt your plan to a changing and sadly progressive disease.

We will help you keep your dog as pain-free as possible for as long as possible.



SIGNS TO LOOK FOR IN YOUR DOG AND THE CHALLENGES IN SPOTTING THEM

Identifying that your dog may have arthritis is not easy. Dogs are amazing at coping with pain and we are conditioned into believing the primary changes that serve as early indicators are simply a normal part of aging.

Indicators of pain can be physical, such as appearing stiff after walks, slowing down on walks, sitting differently or adaptations in body shape and coat. They may also be emotional, demonstrating as behaviour changes, such as becoming more

We all know our pets inside and out but sometimes pinpointing the issue, or expressing what we've observed that has led to our concern can be really difficult!

To help owners confidently confirm their suspicions of pain, or simply identify those changes that result in us as pet owners feeling 'He/She is just not right' CAM has created the following diagram.



WANT TO READ MORE?

All the CAM booklets are available to purchase from the CAM Online Shop or why not join the CAM Member Zone where you can access all the digital booklets for free!